“1+X”产后恢复培训耗材参数

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| **序号** | **耗材名称** | **规格** | **参考网址** | **单位** | **数**  **量** |
| 1 | 食用橄榄油/玉米油 | 200ml装 | https://detail.tmall.com/item.htm?spm=a230r.1.14.8.3e8d4958xzqcHr&id=597349487891&ns=1&abbucket=10 | 瓶 | 8 |
| 2 | 硅胶模拟双侧乳房 | 要求形状如产后乳房，32\*28\*15cm，带颈部，有棉（麻）袋子包装，方便收纳 | https://item.taobao.com/item.htm?spm=a230r.1.14.59.14a21de6MUMXG9&id=615265380879&ns=1&abbucket=10#detail | 副 | 5 |
| 3 | 硅胶模拟单侧乳房 | 12\*5cm，有棉（麻）袋子包装，方便收纳 | https://item.taobao.com/item.htm?id=555666436387&ali\_refid=a3\_430673\_1006:1151137814:N:VhdgTclbWXm4GsA%2BrCO1ZIAaYfmezWjR:123cd83f5e1946aa36e5af8bf3d1de53&ali\_trackid=1\_123cd83f5e1946aa36e5af8bf3d1de53&spm=a2e0b.20350158.31919782.2 | 个 | 50 |
| 4 | 爽身粉 | 140g/盒 | https://detail.tmall.com/item.htm?spm=a230r.1.14.1.7f8777e8icnTYY&id=564768494246&ns=1&abbucket=10&skuId=4588492370066 | 盒 | 30 |
| 5 | 毛巾 | 120g，32股，35\*75cm | https://item.taobao.com/item.htm?spm=a230r.1.14.76.506b6bacDZXj7W&id=543913655453&ns=1&abbucket=10#detail | 条 | 15 |
| 6 | 小方巾 | 小方巾，70g，35\*35cm | https://item.taobao.com/item.htm?spm=a230r.1.14.76.506b6bacDZXj7W&id=543913655453&ns=1&abbucket=10#detail | 块 | 15 |
| 7 | 浴巾 | 600g，32股，70\*140cm | https://item.taobao.com/item.htm?spm=a230r.1.14.54.506b6bacDZXj7W&id=39673334077&ns=1&abbucket=10#detail | 条 | 8 |
| 8 | 温水盆 | 28\*10\*22cm | https://item.taobao.com/item.htm?spm=a230r.1.14.65.289613d6nz3gZr&id=649838026772&ns=1&abbucket=10#detail | 条 | 8 |
| 9 | 鞋套 | 绒布鞋套，防滑底 | https://detail.tmall.com/item.htm?spm=a230r.1.14.15.6b5c4810bQNWRr&id=528072749052&ns=1&abbucket=10&sku\_properties=20509:28383 | 双 | 15 |
| 10 | 手消毒剂 | 500ml |  | 瓶 | 30 |
| 11 | 拖鞋 | 居家亚麻拖鞋 | https://detail.tmall.com/item.htm?id=622178634941&ali\_refid=a3\_430673\_1006:1102973406:N:/e6Y2/KIJkRp9yetsOcG3Q==:64963b880a3283e40a1cb01e27be4463&ali\_trackid=1\_64963b880a3283e40a1cb01e27be4463&spm=a2e0b.20350158.31919782.1 | 双 | 8 |
| 14 | 水温计 | 洗澡温度计 | 香港优优马骝二合一水温计宝宝安全沐浴好帮手MS415-tmall.com天猫 | 个 | 8 |
| 15 | 温开水壶 | 保温水瓶，2L以上 | 保温热水瓶家用老式大容量热水壶宿舍学生暖瓶玻璃内胆开水瓶-tmall.com天猫 | 个 | 8 |
| 16 | 水杯 | 普通水杯，防摔 |  | 个 | 8 |
| 17 | 水瓢 | 沐浴用水瓢 | 泡浴舀水勺浴勺木瓢瓜瓢木头水瓢实木勺沐浴勺桑拿长柄勺无漆-tmall.com天猫 | 个 | 8 |
| 18 | 软尺 | 2m长 | https://detail.tmall.com/item.htm?id=570731921345&ali\_refid=a3\_430673\_1006:1107746599:N:NbpC15haM1clXbr4j9azPQ==:0f67a88ed38d586ab49d23839ffe6cbb&ali\_trackid=1\_0f67a88ed38d586ab49d23839ffe6cbb&spm=a2e0b.20350158.31919782.8&skuId=3996468974091 | 条 | 30 |
| 19 | 75%酒精 | 医用酒精，250ml |  | 瓶 | 80 |
| 20 | 棉签 | 10cm长，50只/包 |  | 包 | 300 |
| 21 | 妇科大棉签 | 20cm长，20支/包 | https://item.taobao.com/item.htm?id=596964574141&ali\_refid=a3\_430582\_1006:1151724000:N:Xw5Ql0S9Dv6UJBpqdWGNTA4bJgo%2B7HMf:054dff6042592feff3ad404321e744c8&ali\_trackid=1\_054dff6042592feff3ad404321e744c8&spm=a230r.1.14.11#detail | 包 | 40 |
| 22 | pvc手套 | 医用级别，100支/盒 | https://chaoshi.detail.tmall.com/item.htm?spm=a230r.1.14.156.1d437ebce6kmKS&id=641139420035&ns=1&abbucket=10&sku\_properties=1627207:3232483 | 盒 | 40 |
| 23 | 碘伏 | 常规款，250ml/瓶 |  | 瓶 | 100 |
| 24 | 一次性垫巾 | 45\*60cm，要求有无纺布亲肤层、锁水层、吸水层和防水层，20片/包 | https://item.taobao.com/item.htm?spm=a230r.1.14.293.5d86547ddTExhx&id=560790924733&ns=1&abbucket=10#detail | 包 | 10 |
| 25 | 一次性内裤 | 产妇灭菌内裤，分M、L、XL、XXL、XXXL号，10条/包 | https://detail.tmall.com/item.htm?spm=a230r.1.14.15.12bb51bcUzWoPI&id=15443053584&ns=1&abbucket=10&sku\_properties=20509:29696 | 包 | M码1包、L码1包、xl、xxl、xxxl各2包 |
| 26 | 瑜伽垫 | 90\*185\*15mm | https://detail.tmall.com/item.htm?spm=a230r.1.14.8.2cda2719IBrIfr&id=18773718545&ns=1&abbucket=10 | 张 | 30 |
| 27 | 纸巾 | 3层，195\*133mm，330抽/包 | https://chaoshi.detail.tmall.com/item.htm?id=568107801219&ali\_refid=a3\_430582\_1006:1276310198:N:iT027tCYKqOxoSD6lz83/Q==:300d3ab4fd4cf5f745651dd4caf6d037&ali\_trackid=1\_300d3ab4fd4cf5f745651dd4caf6d037&spm=a230r.1.14.1 | 包 | 200 |
| 28 | 计算器 | 普通计算器，屏幕显示位数:12位数 | https://detail.tmall.com/item.htm?spm=a230r.1.14.1.e5932d17ovnKmg&id=7040902364&ns=1&abbucket=10&skuId=4641789164775 | 个 | 8 |
| 29 | 垃圾桶 | 大号 | 19\*26\*25 | 个 | 10 |
| 30 | 垃圾袋 | 配套大号垃圾桶 | 每把最少10个以上 | 把 | 10 |